



Puppy Class Part One Homework

Now it's your turn! Enclosed are some questions and exercises to help you continue your puppy's training at home. You get as much out of Puppy Class Part One as you put in at home, so be sure to practice as much as you can! **Refer to these resources to help you out in between classes.**

1. **Our Behavior Blueprints.** You can find these on our website at www.believeindog.com under **Resources**. Take advantage of this information and help your puppy get the most during their time in Puppy Class Part One.
2. **Our training videos.** You can find these on our website at www.believeindog.com under **Resources**.
3. **Puppy Day School.** The clock is ticking on your puppy's socialization, take advantage of our signature drop-off program! **For puppies 6 months and under.**

Just a reminder: If you feel like you are having a hard time keeping your puppy's attention at home or in class, try using a higher value treat. Something that they rarely receive, and be sure to use it only during training or in high distraction environments. Save the lower value treats for simple rewards and the special stuff for big payoffs! Sometimes, that's all it takes. Use your encouraging voice, give verbal praise. You want to be someone your puppy LOVES to work with!

Be patient with your puppy, they are an ESL student!

Puppy Class Part One Homework

Reading Assignments

Prior to Class

- “Must Read” Section
- “Training Philosophy” Section
- “Puppy Socialization and Training” Section

Week One

- Marking Mechanics (Basic Obedience)
- Check-in-with-Me Pattern Game (Advanced Skills)
- Name Recognition (Basic Obedience)
- Grabitis (Basic Obedience)
- Sit with Infographics (Basic Obedience)
- Hyper Puppy: Jumping Up (Basic Obedience)

Week Two

- Teaching Your Puppy Leave It/Take It (Training Videos)
- Leave It/Take It **Step 1** (Basic Obedience)
- Leave It/Take It **Step 2** (Basic Obedience)
- Down (Basic Obedience)

Week Three

- Come When Called (Basic Obedience)
- Leave It and Take It **Step 3** (Basic Obedience)

Week Four

- Loose Leash Walking (Basic Obedience)
- The Different Walking Styles (Advanced Training)

Week Five

- Touch/Hand Target (Basic Obedience)
- Teaching Your Puppy Touch/Hand Target (Training Videos)
- Weaning Off of Treats (Advanced Skills)
- Generalization (Advanced Skills)
- Real Life Training (Advanced Skills)

Week Six: Graduation

Enjoying Puppy Class Part One? Please share your experience in a review on one of our social media pages!

Puppy Class Part One Homework

Week One

When your puppy is doing something you don't want them to do, **redirect** the behavior. **Redirect** means to direct your puppy's attention to a different object or task in order to interrupt or prevent a behavior.

1. Listed below are some "problem" behaviors that are very common for puppies. Describe the behavior that you can redirect your puppy to do instead.

Chewing on couch	
Jumping on you	
Mouthing hands	

We introduced the concept of a verbal marker ("yes!") in class #1. Instead of focusing on what you don't want your puppy to do, start **marking and rewarding** the behaviors that you *do* like.

2. How long do we have to "mark the moment?" _____
3. Grab some treats or a few pieces of your puppy's meal. **Practice marking the moment** with the word "yes" for the following behaviors. For each behavior, the "moment" that you're looking for is listed. Refer to our Behavior Blueprints for more on how to teach each behavior!

Name Recognition	look at me
Sit	booty and all four feet on the ground

4. What is the 5:1 ratio?

5. What are the two most overused words in puppy training? Circle your answers.

come touch no down sit leave it puppy's name yes

6. List three (3) locations that you've practiced name recognition this week? *Hint: these can be different rooms in your home!*

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7. Why do puppies jump?

8. Why do we say “off” and not “down” when a puppy is jumping?

9. List three (3) different locations that you’ve practiced a collar grab with your puppy.

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10. List your puppy’s favorite treats. Rank them from 1 to 5 with, 1 being their least favorite, and 5 being their favorite.

Rank 1-5	Reinforcer/Treat
_____	_____
_____	_____
_____	_____
_____	_____
_____	_____

11. Practice handling your puppy this week! Take their meal or a tasty snack and set it in a dish nearby. Try to have your puppy in your lap, but please don’t force it. Handle *one* body part, and then give *one* treat. Try to do this at least once a day! Remember, if your puppy seems nervous or worried, don’t force it!

- Paws: handle each foot, toe, and toe bean
- Ears: touch gently and look inside
- Lips: take a look at those chompers! Bonus points if you gently brush their teeth with your finger
- Eyes: gently lift the eyelid like you’re going to put in eye drops
- Tail: gently lift their tail as if you are a vet going to take their temperature

Remember to work on your socialization checklist, the clock is ticking on important socialization milestones! The work you put in now will have a huge payout in the future!

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Week Two

1. List three (3) skills that you practiced at home this week.

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2. What are “The Big Three” as described in the *How puppies Learn Behavior Blueprint*?

3. Mark true or false to the statements below.

If my puppy jumps on me, I say “down”	True	False
After a leave-it step 2, I let my puppy eat the treat off of the floor.	True	False
I have to ask my puppy to sit before I do a leave it	True	False

4. Take your puppy to a new location! Where did you bring them?

5. Ask three strangers to ask your puppy to sit, list below. **Is your puppy struggling? Try a “go find it” instead of a sit.** *Ex: Amazon driver, veterinarian, etc.*

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6. Ask three strangers to ask your puppy to down, list below. *Hint: can be the same three people as above.*

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7. Why do we want to say “free” each time our puppy does a sit or a down?

8. What’s one unique thing about your puppy?

9. What are some “off-limits” items that your puppy likes? *Ex: socks, shoes, paper*

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10. When practicing leave it/take it, why don't we let our dogs take food off of the floor?

11. Don't forget about collar grabs! List locations that you've practiced a collar grab.

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12. Why do we teach multiple steps for leave it/take it?

13. List five different locations that you have practiced the following behaviors.

Down	Leave It/Take It

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Week Three

1. Practice the “look at me pattern game” this week in three different locations. List them below.

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2. How can we teach our puppy to differentiate between “leave it” and the “look at me” pattern game?

3. What are some ways that we can teach our puppies not to come to us?

4. Mark true or false to the statements below.

Once my puppy understands “come,” I can start to wean off of treats	True	False
You can train your puppy not to come to you	True	False
I have to say “free” every time I ask for a sit or a down	True	False
I have 1.2 sec to mark “yes”	True	False
Puppies need to smell on walks	True	False
If I train my puppy with treats, I will always need to carry treats	True	False

Remember to work on your socialization checklist, and to practice handling your puppy every day!

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Week Four

1. What are some reasons that puppies pull?

2. Briefly describe each type of walk.

Structured walk	
Free-smell time	
Decompression walk	

3. What are some ways that you can teach your puppy to pull?

4. Practice your structured walk this week in your home **without** a leash. List three different locations that you have practiced your loose leash walk in your home.

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5. At this point in their training journey, what are some behaviors that your puppies have a good understanding of? List as many as you'd like.

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6. List five different locations that you have practiced recall (come when called), and ten different locations that you have practiced your loose leash walk.

Come when Called	Loose Leash Walk	

7. Mark true or false to the statements below.

On leash greetings reinforce pulling	True	False
My puppy can pull me on a decompression walk	True	False
My puppy should walk next to me for 100% of the walk	True	False
I need a tight leash to keep my puppy walking with me	True	False
My puppy pulls because he's being dominant	True	False
I can say "leave it" for any item that my puppy finds on the ground	True	False
Puppies need to smell on walks	True	False

8. What are the two most overused words in dog training?

9. List four times that your puppy impressed you this week.

Start thinking about signing up for Puppy Class Part Two!

Puppy Class Part One Homework

Week Five

1. What are some ways that you can use “touch” to redirect your puppy?

2. What is generalization?

3. What are some ways that you can start to generalize a behavior?

Test your knowledge! Answer the following questions.

4. What are the most overused words in dog training?

5. When you say your puppy’s name, what do you want?

6. What is the 5:1 ratio?

7. What is the 1:3 ratio?

8. If your dog is doing something that you don’t like, what do you do?

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Practice for graduation with the checklist below.

- Ask your puppy to sit or down while you're sitting in a chair
- Ask your puppy to sit or down in your backyard
- Ask your puppy to sit or down in the lobby at BIDT
- Practice leave it/take it with novel items on your walk and list them below. (Ex: ducks, squirrels, trash, bugs, sticks) Remember to be exciting!
- Practice the "check in with me" game in at least two new locations
- Practice your structured walk in a new location. (Pet store, park, vet office, etc)
- Practice recall with a friend or spouse in your backyard.
- Practice recall in a new location (try it on a long line!)
- Ask three strangers to ask your puppy to "touch." (It's ok if your puppy says no!)

Don't forget your socialization checklist!